

## OBSTETRICS

# Inflammatory predictors of neurologic disability after preterm premature rupture of membranes

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**OBJECTIVE:** The maternal-fetal inflammatory response contributes to both preterm premature rupture of membranes (PPROM) and adverse neurological outcomes. Additionally, cytokines associated with fetal placental inflammation can be detrimental to brain development regardless of inciting infection. We investigated whether differential patterns of cytokine markers in maternal and fetal plasma samples reflect subtypes of placental inflammation and neurological outcomes at 6 months in infants born to mothers with PPRM.

**STUDY DESIGN:** Within a prospective cohort study of 25 women with PPRM, plasma cytokines (interleukin [IL]-1 $\beta$ , IL-6, IL-8, and tumor necrosis factor- $\alpha$ ) were measured by enzyme-linked immunosorbent assay from maternal blood samples at rupture and delivery, and from fetal umbilical cord blood samples. Patterns of cytokine expression were correlated with specific placenta pathologies. Infants underwent cranial ultrasound after birth and standardized neurological examinations at 6 months' corrected gestational age. Predictors of

inflammation and adverse neurological outcome were assessed by logistic regression, adjusting for gestational age at birth.

**RESULTS:** Inflammation of the fetal side of the placenta was associated with elevated maternal IL-6 and IL-8 at delivery and fetal IL-1 $\beta$ , IL-6, IL-8, and tumor necrosis factor- $\alpha$ . Worse neurological outcome at 6 months was associated with inflammation of the fetal side of the placenta and shorter duration from rupture of membrane to delivery, independent of gestational age at birth or cranial ultrasound results.

**CONCLUSION:** Our findings support the connection between fetal inflammation with adverse neurological outcome with PPRM, regardless of cranial ultrasound results. Further longitudinal studies are needed to adequately examine these patterns, and will aid in risk assessment and intervention strategies.

**Key words:** cerebral palsy, chorioamnionitis, cytokines, funisitis, placenta

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Preterm birth is a major risk factor for long-term neurological disabilities, including cerebral palsy (CP).<sup>1</sup> Despite accounting for 30-40% of preterm deliveries,<sup>2</sup> preterm premature rupture of membranes (PPROM) is understudied in relation to neurologic disability. Infection/inflammation of the placenta and its membranes

("chorioamnionitis") is considered a risk factor for CP, and the main contributor to PPRM.<sup>3-7</sup> Although widely used, antibiotics in PPRM have failed to avert the fetal inflammatory response (FIR),<sup>8</sup> been unsuccessful in improving long-term neurological outcomes,<sup>9-11</sup> or been associated with worse neurologic outcome.<sup>12</sup> These findings highlight

the complexity of the maternal-FIR and its alteration in the pathogenesis of abnormal neurological outcome within pregnancies complicated by PPRM.

Reliable clinical signs of placental infection/inflammation are not evident,<sup>13</sup> necessitating alternative methods of early identification before preventive strategies can be developed. Because of

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their involvement in inflammatory processes and their distinct signatures depending on cause, duration, and organ(s) site, cytokines have been proposed as surrogate blood markers of placental inflammation. For instance, when compared to preterm newborns without PPROM, maternal serum and umbilical cord blood interleukin (IL)-8 levels were elevated in PPROM, yet IL-6 levels were only elevated in the cord blood.<sup>14</sup> Additionally, umbilical cord IL-6 levels have been shown to be elevated in PPROM pregnancies when both microbial invasion of the amniotic cavity and histologic chorioamnionitis (HCA) were present, rather than with HCA alone.<sup>15</sup> Interestingly, maternal serum IL-6 levels within PPROM were shown in one study to predict funisitis after antibiotic completion, and to predict preclinical asymptomatic infection in another.<sup>8,16</sup>

Cytokines have likewise been profiled in studies of perinatal infection, inflammation, and CP with varying results.<sup>4,6,17-19</sup> Inconsistencies might result from mixing heterogeneous conditions without sufficient pathological and clinical stratification between the distinct subsets of placental/membrane inflammatory insults, and their various impacts on offsprings' neurooutcome. Animal studies, performed in various species, establish a causal link among placental inflammation, maternal inflammatory mediators (notably, IL-1 and its close and interconnected 'partners' such as IL-6, IL-8, and tumor necrosis factor [TNF]- $\alpha$ , or their equivalent in animals), and perinatal brain injury.<sup>20-26</sup> In fact, IL-1 and TNF- $\alpha$  activation is linked with fetal placental inflammation and perinatal brain injury, even without infection.<sup>23,27</sup> However, there is currently no preclinical experimental animal design adequately modeling the specific combination of gestational age and placental abnormalities seen in human PPROM. Thus, the precise set of inflammatory mediators involved in placental pathologies and perinatal brain injuries in PPROM pregnancies—with presumed baseline inflammation—remain unclear.

Recently, we identified 2 distinct pathological patterns in PPROM placentas;

almost 40% did not show evidence of HCA, suggesting a noninflammatory mechanism of preterm rupture.<sup>28</sup> Additionally, we and others have demonstrated isolated funisitis without evidence of chorioamnionitis.<sup>28,29</sup> We therefore hypothesize that patterns of cytokine elevation and clinical characteristics will associate with patterns of maternal placental inflammation (chorioamnionitis) and fetal side placental inflammation (funisitis and chorionic plate vasculitis). We further hypothesize that patterns of cytokine elevation combined with placental pathologic findings and maternal and fetal clinical characteristics will emerge, which will inform our overall goal to create a high-risk multivariate index predictor model for perinatal brain injury in pregnancies complicated by PPROM. In this study, we investigate whether plasma titers of key placenta- and neuro-inflammatory markers (IL-1 $\beta$ , IL-6, IL-8, and TNF- $\alpha$ , targeted from preclinical and human epidemiological studies) in maternal samples at time of rupture of membranes (ROM) as well as maternal and fetal samples at delivery are associated with placental inflammatory patterns and adverse neurological outcomes at 6 months' corrected gestational age in preterm infants born to mothers with PPROM. It is of the utmost importance to improve knowledge and diagnostic markers in this group, to ultimately aid in the development of new therapeutic approaches to beneficially modulate the maternal-FIR and prevent adverse neurological outcome.

## MATERIALS AND METHODS

Women with PPROM were enrolled in a prospective cohort study at the University of Colorado Hospital from July 1, 2010, through June 30, 2012. PPROM was confirmed by standard clinical characteristics of alkaline pH, ferning, and pooling of amniotic fluid in the vagina on speculum examination in women  $>24$  or  $<34$  weeks' gestation prior to labor onset. Clinical chorioamnionitis (CCA) was defined as  $\geq 2$  of the following: maternal fever  $>38.0^{\circ}\text{C}$ , maternal tachycardia ( $>100$  beats/min), fetal tachycardia ( $>160$  beats/min),

maternal fundal tenderness, maternal leukocytosis (white blood cell count [WBC]  $>15,000$ ), and purulent vaginal discharge or amniocentesis with findings consistent with chorioamnionitis (glucose  $<15$  mg/dL, WBC  $>30/\mu\text{L}$ , leukocyte esterase positive, Gram stain with bacteria, or  $>6$  WBC/high-power field).<sup>30</sup> Multiple gestations and nonviable pregnancies were excluded. Research was conducted in accordance with the 2004 Declaration of Helsinki, with signed informed consent (Colorado Multiple Institutional Review Board study 09-1107).

Demographic and clinical data were abstracted from the University of Colorado Hospital perinatal database by a trained research assistant using a standardized protocol; ambiguity of maternal data was clarified by a maternal-fetal medicine specialist (V.D.W.) and for neonatal data by a neonatal neurologist (J.A.W.). Data included: (1) demographics (maternal age, parity, and ethnicity; newborn sex and birthweight; prenatal care onset); (2) maternal predictors (underlying condition requiring medical supervision, gestational diabetes, pregnancy-induced hypertension, preeclampsia, chorioamnionitis); (3) intrapartum predictors (category II or III fetal heart tracing leading to cesarean delivery, emergency cesarean delivery); and (4) neonatal complications (respiratory distress, hemodynamic failure, sepsis, hypoglycemia, seizures). Although smoking, autoimmune disease, pregestational diabetes, and infertility/assisted reproduction were also predictors of interest, there were no cases within our cohort.

## Cytokine analysis

Maternal venous blood samples were collected at time of enrollment and within 2 hours after delivery. Fetal cord blood venous samples were obtained immediately after delivery by trained perinatal research nurses with experience in venous cord blood collection. Samples were collected in EDTA tubes and centrifuged for 20 minutes at 1600g at  $4^{\circ}\text{C}$ , then transferred and centrifuged again. Platelet-poor plasma was aliquotted, frozen, and sent for cytokine analysis (IL-1 $\beta$ , IL-6, IL-8, and TNF- $\alpha$ )

via the Luminex multicode assay platform (Luminex Corp, Austin, TX).

### Placenta analysis

Assessments were conducted by a placental pathologist (M.D.P.). Placentas were immediately collected after delivery, placed in 10% neutral buffered formalin, and examined within 72 hours. A minimum of 4 formalin-fixed paraffin-embedded blocks were generated, including cross deliveries of umbilical cord, free fetal membranes, and full-thickness placental parenchyma; 5- $\mu$ m sections from each block were stained with hematoxylin and eosin. HCA was defined as inflammation composed of maternal acute inflammatory cells (polymorphonuclear cells) within the amnion or chorion. The FIR, being composed of inflammatory cells of fetal origin, is histologically manifested by umbilical cord vasculitis and/or chorionic plate vasculitis; fetal side inflammation was defined as the presence of polymorphonuclear cells in the walls of fetal vessels of the chorionic plate (chorionic plate vasculitis), of the umbilical cord (vasculitis or phlebitis), or fetal inflammatory cells extending into Wharton jelly (funisitis).

### Postnatal evaluation

Newborns underwent cranial ultrasounds at least 4 days after birth.<sup>31</sup> Infants underwent standardized neurological examinations (Pediatric Stroke Outcome Measure [PSOM]) at 6 months' corrected gestational age, with the examiner (J.A-W.) blinded to cytokine and placental pathology results. The PSOM is a validated tool for quantifying disability related to acquired brain injury that can be adapted for children <2 years old. Subscale scoring (graded on level of severity) is 0 (no deficit), 0.5 (mild deficit, normal function), 1 (moderate deficit, decreased function), or 2 (severe deficit, no function); the total PSOM score ranges from 0 (no deficit) to 10 (maximum deficit).<sup>32</sup>

### Statistical analysis

Dichotomous variables were compared using  $\chi^2$  analysis (or Fisher exact test) and continuous variables using Student *t*

test or Mann-Whitney *U* when appropriate. Linear regression was utilized to assess correlation of continuous variables. To assess predictors of (1) placental pathology; (2) elevated cytokine levels (dichotomized and defined a priori as individual level greater than the pooled sample median); and (3) adverse neurological outcome at 6 months' corrected gestational age (PSOM score dichotomized into normal/mild vs moderate/severe outcome for analysis), we calculated odds ratios (ORs) and 95% confidence intervals (CIs) using logistic regression. Univariate predictors included demographic, clinical, and laboratory data as described above. Gestational age at delivery was analyzed as both continuous and dichotomous variables ( $\leq 32$  weeks and  $> 32$  weeks); rupture to delivery interval was likewise analyzed as continuous and dichotomous variables ( $\leq 7$  days and  $> 7$  days). To determine independent predictors of outcomes, we created multivariate models; the model corrected for gestational age at delivery and included all covariates with a *P* value  $\leq .10$  in the initial analysis. Stata 12.0 (Stata Corp, College Station, TX) was used for all statistical analysis. All tests were 2-sided and *P* < .05 was considered significant.

## RESULTS

### Clinical characteristics and associated cytokine profiles

In all, 25 maternal-newborn dyads were examined (Table 1). There was no difference in the rate of CCA according to gestational age at PPRM, gestational age at delivery, or ROM interval. There was no difference in mean ROM interval between placentas with and without HCA (8 vs 9 days; *P* = .78). All cranial ultrasounds were read as normal, with the exception of a single newborn with a known grade III intraventricular hemorrhage on prenatal ultrasound.

Median maternal IL-6 and IL-8 at delivery, as well as fetal IL-1 $\beta$ , IL-6, and IL-8, were higher in gestational age of  $\leq 32$  weeks at delivery (Table 2), regardless of HCA presence. Maternal IL-8 plasma levels at rupture and delivery were significantly correlated ( $R^2$ , 0.33; *P* = .02). There were significant

positive correlations between maternal and fetal levels of IL-1 $\beta$  ( $R^2$ , 0.81; *P* = .001) and IL-6 ( $R^2$ , 0.34; *P* = .04) at delivery. There was no significant correlation between maternal cytokines at ROM with fetal cytokines at delivery.

### Placental pathology

Gestational age at delivery  $\leq 32$  weeks was the only independent predictor of HCA (OR, 6.7; CI, 1.1–38.8; *P* = .04). There were no independent predictors of CCA. HCA and CCA were concordant for only 6 of 14 (43%) of the subjects. Additionally, fetal side placental inflammation without CCA (*n* = 5/13; 39%) or HCA (*n* = 3/13; 23%) was seen.

Median maternal IL-8 at ROM; maternal IL-6 and IL-8 at delivery; and fetal IL-1 $\beta$ , IL-6, IL-8, and TNF- $\alpha$  were elevated when fetal side placental inflammation was present (Table 3).

Despite a tendency for higher odds of funisitis with male sex (OR, 6; *P* = .05), Hispanic ethnicity (OR, 4.7; *P* = .08), or HCA (OR, 6; *P* = .06) on univariate analysis, the only independent risk factor for funisitis was length of membrane rupture  $\leq 7$  days, although the CI was wide (OR, 21; CI, 1.3–332; *P* = .03).

### Neurological outcome

Of infants, 40% (*n* = 10) had adverse neurological outcome at 6 months (PSOM score of  $\geq 1.5$ ); disabilities commonly included moderate to severe hemiparesis and/or global appendicular hypertonia sufficient to impair motor development. Fetal side placental inflammation was the only independent predictor of adverse neurological outcome at 6 months' corrected gestational age, regardless of gestational age at birth or magnesium sulfate administration (OR, 7.8; CI, 1.1–55.6; *P* = .04). Worse neurological outcome was more common when both HCA and fetal side placental inflammation were present (*P* = .04). Worse neurological outcome at 6 months was highly correlated with the combination of HCA plus fetal placental inflammation (correlation coefficient, 0.73; *P* = .01) as well as with shorter ROM interval (Figure)

TABLE 1

**Selected clinical characteristics of preterm premature rupture of membrane pregnancies (n = 25)**

Characteristic	Value
Maternal age (y), mean (range)	29 (19–40)
Nulliparity, n (%)	7 (28)
Maternal race/ethnicity, n (%)	
Caucasian (not of Hispanic heritage)	12 (48)
Caucasian (of Hispanic heritage)	12 (48)
Non-Caucasian	1 (4)
Gestational age (wk), mean (range)	
Rupture	29.9 (24.6–33.6)
Delivery	31.2 (25.6–34.2)
Rupture of membrane interval (d), mean (range)	8.7 (1–36)
Magnesium sulfate, n (%)	10 (40)
Antibiotics, n (%)	25 (100)
Betamethasone, n (%)	25 (100)
Clinical chorioamnionitis, n (%)	11 (44)
Cesarean delivery, n (%)	7 (28)
Male newborn, n (%)	16 (64)

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( $R^2$ , 0.75; correlation coefficient,  $-0.87$ ;  $P = .01$ ). Elevated fetal cord blood IL-6 was seen in those newborns with worse neurological outcome (Table 4).

## COMMENT

In this prospective cohort pilot study of maternal-infant dyads from pregnancies complicated by PPRM, fetal side placental inflammation and shorter ROM duration were associated with worse neurological outcome at 6 months' corrected gestational age, regardless of gestational age at birth or cranial ultrasound results. Furthermore, maternal and fetal IL-6 and IL-8 were elevated at delivery when placental inflammation on the fetal side was present, supporting the connection between maternal and fetal inflammation with adverse neurologic outcome in a PPRM population. Similar to animal models,<sup>23,27</sup> IL-1 $\beta$  and TNF- $\alpha$  levels were increased in fetal cord blood when fetal side placental inflammation was present.

While HCA is considered an indicator of maternal placental inflammation—with the clinical manifestations of maternal fever, maternal or fetal tachycardia, and fundal tenderness—funisitis and chorionic plate vasculitis are indicators of fetal side placental inflammation. Elevated cord blood cytokines combined with funisitis have been associated with CP development in preterm and extremely low-birthweight children, and detrimental to fetal brain development in animal models.<sup>6,23,27,33</sup> We found that fetal side placental inflammation—not HCA—was associated with adverse neurological outcome at 6 months, similar to findings described by Redline et al<sup>33</sup> in an extremely low-birthweight population. Consistent with other studies, IL-1 $\beta$ , IL-6, IL-8, and TNF- $\alpha$  were elevated in fetal cord blood when fetal side placental inflammation was present.<sup>14,34–37</sup> Similar to animal models, the combination of elevated cord blood cytokines with fetal side placental inflammation appears to have detrimental effects on

brain development, even without an infection.<sup>23,27</sup> Our data also suggest that funisitis—as a marker for the FIR—may not manifest with clinically evident symptoms in the pregnant woman. These data may argue against the concept that all funisitis is a progression of infection from HCA, but support the concept that funisitis (in some instances) is a response to another unidentified insult, a de novo FIR, or a partially treated maternal infection.<sup>8,38,39</sup>

Although unknown at this time, one can speculate how differing mechanisms of PPRM may give insight into downstream effects on offspring neurological outcomes and overall fetal programming pathways. ROM of  $\leq 7$  days was an independent predictor of fetal side placental inflammation, and fetal side placental inflammation was an independent predictor of worse neurological outcome at 6 months; subsequently, ROM of  $\leq 7$  days was highly correlated with worse neurological outcome at 6 months, regardless of gestational age at delivery. These data support the idea that a robust inflammatory response at membrane rupture (without clinical signs of infection) may make it impossible to maintain the pregnancy in some instances,<sup>40</sup> while a mild inflammatory event may not lead to immediate delivery and resolve over time. Timing of corticosteroid administration may contribute to the resultant inflammatory response.<sup>41</sup> We speculate that ROM duration may signify differing pathways to labor progression after PPRM, falling into hyperacute ( $< 72$  hours; maternal-derived placental inflammation), acute ( $\leq 7$  days; fetal-derived placental inflammation), or chronic ( $> 7$  days; “noninflammatory”).<sup>28</sup> These intervals may relate to divergent long-term outcomes in the offspring.

In a study similar in design, IL-6 and IL-8 concentrations were significantly higher in fetal cord blood when fetal vasculitis was present, but no correlation was found with cytokine level and newborn magnetic resonance imaging findings; however, postnatal neurological evaluations were not performed.<sup>42</sup> We likewise found that despite higher levels of fetal cord IL-6 and IL-8 with

TABLE 2

Median values (with interquartile ranges) for cytokines in relation to clinical characteristics

Cytokine, pg/mL	GAD ≤32 wk n = 13	GAD >32 wk n = 12	ROM ≤7 d n = 12	ROM >7 d n = 13	MAG + n = 10	MAG – n = 15
IL-1 $\beta$						
Maternal rupture	0 (0–2.7)	0 (0–1.0)	0.8 (0–2.2)	0 (0–1.0)	0 (0–2.7)	0 (0–1.0)
Maternal delivery	1.0 (0–2.9)	0 (0–1.0)	0.5 (0–1.7)	0 (0–2.0)	0 (0–0)	1.0 (0–4.5)
Fetal cord	8.1 (0.5–42.0)	0 (0–0)	0.5 (0–42.0)	0 (0–8.1)	0.5 (0–0.5)	0 (0–42.0)
IL-6						
Maternal rupture	2.3 (0–5.0)	2.0 (2.0–2.0)	3.0 (1.0–4.5)	2.0 (1.5–2.2)	2.0 (2.0–16.5)	2.0 (1.5–2.0)
Maternal delivery	90.2 (53.5–117.2)	39.1 (20.3–49.5)	30.2 (13.8–115.6)	65.1 (38.7–155.1)	39.1 (18.8–90.2)	84.6 (34.3–272.0)
Fetal cord	2137 (72.7–9569.0)	12.2 (3.7–74.2)	72.7 (3.7–9569.0)	74.2 (10.5–2137)	44.4 (12.2–545.0)	88.1 (3.7–9569.0)
IL-8						
Maternal rupture	4.4 (2.0–6.2)	2.0 (2.0–2.0)	5.2 (2.0–6.2)	2.0 (2.0–3.5)	2.0 (2.0–6.3)	2.0 (2.0–5.9)
Maternal delivery	32.9 (12.7–45.6)	7.6 (6.2–15.2)	8.7 (7.6–32.9)	16.1 (6.6–34.3)	8.4 (6.2–35.1)	23.9 (7.6–33.5)
Fetal cord	687.6 (114.8–1293.5)	14.3 (9.7–29.8)	114.8 (9.7–1200)	29.8 (14.3–687.6)	65.9 (14.3–263.6)	57.9 (12.7–1293.5)
TNF- $\alpha$						
Maternal rupture	3.4 (2.5–5.6)	4.4 (3.0–7.6)	5.7 (4.2–7.8)	3.2 (2.5–4.8)	3.3 (2.5–5.6)	4.8 (3.0–5.8)
Maternal delivery	7.6 (4.0–11.8)	7.5 (4.8–8.7)	7.2 (4.7–11.3)	7.2 (4.7–11.3)	7.5 (4.6–11.8)	9.2 (4.8–10.8)
Fetal cord	32.6 (15.9–55.8)	20.5 (18.8–24.0)	21.0 (13.4–32.6)	24.0 (19.1–38.4)	21.6 (18.8–29.2)	26.1 (10.5–38.4)

GAD, gestational age at delivery; IL, interleukin; MAG, magnesium sulfate; ROM, rupture of membrane interval; TNF, tumor necrosis factor.

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**TABLE 3**  
**Median values (with interquartile ranges) for cytokines in relation to placental pathology**

Cytokine, pg/mL	CCA + n = 11	CCA– n = 14	HCA + n = 14	HCA– n = 11	FETAL + n = 13	FETAL– n = 12
<b>IL-1<math>\beta</math></b>						
Maternal rupture	0 (0–0.5)	0.5 (0–2.2)	0 (0–0.5)	1.3 (0–2.2)	0 (0–1.0)	1.0 (0–1.6)
Maternal delivery	0.5 (0–6.6)	0 (0–1.0)	0 (0–1.0)	1.0 (0–8.7)	0 (0–4.5)	0 (0–1.0)
Fetal cord	6.0 (0–42.0)	0.3 (0–0.5)	0.5 (0–12.0)	0 (0–0.5)	8.1 (0–42.0)	0 (0–0.5)
<b>IL-6</b>						
Maternal rupture	2.2 (0.8–4.0)	2.0 (1.8–3.5)	2.2 (0.8–10.3)	2.0 (1.8–2.0)	2.0 (1.5–4.0)	2.0 (1.5–2.0)
Maternal delivery	96.1 (46.3–456.9)	38.7 (18.8–90.2)	76.6 (39.1–117.2)	21.3 (18.8–272.0)	115.6 (53.5–272.0)	20.3 (13.8–34.3)
Fetal cord	3459.8 (12.2–9569.0)	73.45 (4.6–316.6)	545.0 (16.1–6903.4)	12.2 (3.7–88.1)	2137.0 (74.2–9569.0)	12.2 (3.7–72.7)
<b>IL-8</b>						
Maternal rupture	3.5 (2.0–6.1)	2.0 (2.0–5.25)	3.5 (2.0–6.3)	2.0 (2.0–3.2)	2.1 (2.0–6.2)	2.0 (2.0–4.4)
Maternal delivery	31.8 (10.6–39.6)	8.3 (5.6–17.0)	17.0 (8.4–35.1)	7.6 (5.6–33.5)	32.9 (15.2–45.6)	6.9 (4.7–8.4)
Fetal cord	608.5 (14.2–1293.5)	43.9 (13.5–189.2)	114.8 (14.2–1200.0)	17.0 (12.7–263.6)	687.6 (29.8–1293.5)	14.3 (9.7–114.8)
<b>TNF-<math>\alpha</math></b>						
Maternal rupture	5.3 (3.0–5.7)	3.2 (2.5–6.6)	3.2 (2.5–5.7)	4.9 (3.1–6.6)	3.4 (2.5–5.5)	5.3 (2.9–7.6)
Maternal delivery	8.2 (5.8–13.1)	6.2 (4.0–9.4)	6.9 (4.0–10.8)	8.7 (4.6–15.4)	8.7 (4.8–15.4)	4.6 (2.6–8.7)
Fetal cord	28.3 (18.8–38.4)	20.8 (16.3–27.7)	29.2 (18.8–55.8)	21.0 (13.4–26.1)	32.6 (20.5–55.8)	19.1 (13.4–24.0)

CCA, clinical chorioamnionitis; FETAL, funisitis + chorionic plate vasculitis; HCA, histologic chorioamnionitis; IL, interleukin; TNF, tumor necrosis factor.

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TABLE 4

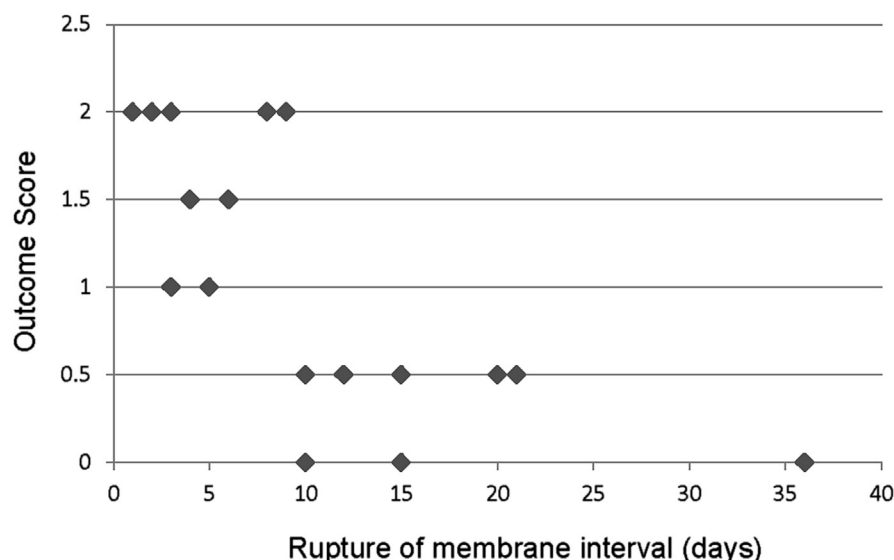
## Median values (with interquartile ranges) for cytokines in relation to neonate

Cytokine, pg/mL	Male n = 16	Female n = 9	Hispanic n = 12	Non-Hispanic n = 13	None/mild disability n = 15	Moderate/severe disability n = 10
IL-1 $\beta$						
Maternal rupture	0 (0–1.2)	0 (0–2.1)	0 (0–0)	1.0 (0–2.7)	0 (0–0.5)	0 (0–0)
Maternal delivery	0 (0–1.7)	0 (0–2.9)	0 (0–1.0)	0.5 (0–2.3)	0.5 (0–2.8)	0 (0–0)
Fetal cord	0 (0–0.3)	0.5 (0–12.0)	0 (0–12.0)	0.5 (0–0.5)	0.5 (0–12.0)	0.3 (0–0.5)
IL-6						
Maternal rupture	2.0 (0.8–2.2)	2.0 (1.8–10.8)	2.0 (1.5–2.3)	2.0 (1.5–5.0)	1.8 (0.8–14.5)	1.0 (0–2.0)
Maternal delivery	49.5 (21.3–76.6)	90.2 (20.3–192.9)	96.1 (49.5–192.9)	36.7 (20.1–66.7)	36.7 (26.6–340.4)	65.1 (32.2–116.4)
Fetal cord	49.3 (7.1–317.6)	73.5 (12.2–6903.4)	74.2 (10.5–6903.4)	72.7 (5.5–545.0)	16.1 (15.5–6903.4)	309.6 (74.2–545.0)
IL-8						
Maternal rupture	2.0 (2.0–3.5)	3.2 (2.0–6.3)	2.0 (2.0–4.8)	2.0 (2.0–6.1)	2.0 (1.8–4.2)	2.0 (2.0–2.0)
Maternal delivery	12.7 (7.6–30.7)	17.0 (5.6–45.6)	23.9 (6.9–33.5)	8.7 (6.6–85.6)	7.0 (5.2–27.0)	13.0 (9.0–17.0)
Fetal cord	36.1 (13.5–86.4)	146.7 (14.3–1200.0)	29.8 (14.2–1200.0)	57.9 (12.7–263.6)	14.3 (6.9–1399.8)	72.3 (29.8–114.8)
TNF- $\alpha$						
Maternal rupture	3.5 (2.5–5.4)	4.4 (3.0–6.9)	3.4 (2.5–5.3)	4.4 (2.5–7.6)	3.4 (2.9–5.7)	2.8 (2.5–3.0)
Maternal delivery	6.9 (4.0–9.4)	7.6 (4.6–11.8)	4.9 (4.6–10.8)	8.7 (5.8–13.1)	8.1 (5.0–9.8)	4.4 (4.0–4.8)
Fetal cord	23.6 (18.5–27.7)	22.3 (18.8–38.4)	24.0 (15.9–55.8)	21.0 (18.8–29.2)	19.1 (18.8–38.4)	24.9 (20.5–29.2)

IL, interleukin; TNF, tumor necrosis factor.

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FIGURE

**Correlation of neurological outcome at 6 months with rupture of membrane interval**

Higher score denotes worse outcome (0 = no disability, 0.5 = mild disability, 1.0 = moderate disability,  $\geq 1.5$  = severe disability). Diamonds represent aggregate rupture interval data points for outcome scores.

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funisitis, there was no evidence of brain injury on neonatal cranial ultrasounds. Yet, 40% of infants clearly had abnormal neurological examination findings at 6 months, regardless of gestational age. Although routinely performed in the neonatal intensive care nursery, single cranial ultrasound has a low yield for diagnosing periventricular leukomalacia and stroke.<sup>31,43</sup> Our findings utilizing standardized neurological exams suggest that this current standard of care may give a false sense of security regarding long-term neurological outcomes. We postulate that newborn cranial ultrasounds may underrepresent clinically significant deficits seen on later neurological exams, and should not be relied upon solely for prognostic indication in either the clinical or research setting. In addition, umbilical cord cytokine analysis may provide a superior indicator of prognosis and warrants further investigation for routine clinical use.

Our study has several limitations. The most evident is our small sample size; these data serve as a launching point for further inquiries into mechanisms

of adverse neurological outcome after PPRM. For instance, our finding of very high levels of fetal cord IL-6 in gestational age  $<32$  weeks suggests that most early PPRM is associated with the fetal response syndrome; our sample size was not adequate to corroborate a link between gestational age and adverse neurological outcome. Data are further limited by limiting outcome analysis at 6 months, as outcomes such as language and behavior cannot be assessed in infancy. Additionally, we did not incorporate a matched control group. Instead, we designed the study to have PPRM serve as controls for themselves (poor vs normal neurological outcomes), as births secondary to other causes of presumed noninfectious mechanisms of prematurity may improperly skew the pathological and inflammatory effects. We attempted to identify patterns that would give clues to the women at highest risk for delivering a child with brain injury apparent in infancy, within the defined high-risk population of PPRM.

Mechanisms of PPRM involving leukocyte subtypes other than

polymorphonuclear cells,<sup>44</sup> may also contribute to outcome. Therefore, other methods of placental examination, including immunohistochemistry, may be insightful in discerning the pathophysiology of PPRM-related outcomes. Finally, the study of elevated cytokines as causative agents can be problematic. Are cytokines a cause, association, or mediator? Although our study builds a more comprehensive view by examining both maternal and fetal cytokines, along with placental findings, to gain understanding into mechanisms of poor neurological outcomes, the answer is more complex than mere cytokine levels, pathological associations, and radiologic correlates.

In this prospective cohort study, patterns of heightened maternal-FIR, placental pathology, and clinical characteristics emerge that are associated with adverse neurological outcomes after PPRM. Our findings support the connection between adverse neurologic outcome in infancy with maternal and fetal inflammation in a PPRM population. Additionally, we found that cranial ultrasounds were not helpful for predicting adverse neurological outcomes in this at-risk population. Large longitudinal studies of PPRM are needed to adequately examine the inflammatory patterns seen in this study, assess comprehensive long-term neurologic outcome, and aid in the ultimate design of a multimodal risk assessment and intervention tool. ■

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